



Welcome to Bowen Hospital

Our staff are committed to making your hospital experience as comfortable as possible. In an effort to help you prepare for your time with us we have prepared this folder of information. We suggest you take a few minutes to read it and if you have any questions please contact us or, alternatively, speak to your medical specialist.

Thank you for choosing Bowen Hospital.

Admission Instructions

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|---|
| Name: |
| Date of your admission: ____ / ____ / ____ |
| Arrival at hospital at: _____ AM or _____ PM |

Fasting Instructions

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|--|
| Do not <u>eat</u> after: _____ AM or _____ PM On ____ / ____ / ____ |
| Do not <u>drink</u> after: _____ AM or _____ PM On ____ / ____ / ____ |

Your operation may have to be postponed if you do not follow these guidelines.

Medication Instructions

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|---|
| Take all usual medications: <input type="checkbox"/> YES <input type="checkbox"/> NO If NO , Medications you <u>SHOULD NOT</u> take: _____ _____ _____ |
|---|

Please bring all your usual medications in their original containers to hospital with you, including herbal and dietary supplements for those who expect to be in hospital more than 2 nights.

Please bring a printout from your G.P. of all current medications – name, dose and frequency of drug.

Other Instructions

| |
|----------------------------------|
| _____ _____ _____ _____ |
|----------------------------------|

Checklist / reminder

- Obtain prior approval from your insurance company
- Complete and return the 3 forms in this pack
- Phone the hospital if you have any further questions regarding estimates, accommodation etc
- Ensure any laboratory tests requested by your specialist have been undertaken
- If you are paying your account privately you will need to arrange prepayment of your estimated account
- Know when you should stop eating and drinking
- Have copies of any enacted Advance Directive
- Arrange transport to and from the hospital
- Arrange for a responsible adult to stay with you for the first 24 hours following surgery

Bring to hospital with you:

- Originals of the 3 forms if still held by you
- Prior approval letter from insurance company
- ACC letter authorising your treatment in a private hospital
- Glasses and physical aids

Inpatients only:

- Suitable night wear and dressing gown
- Slippers
- Toiletries
- Reading and writing materials.

Please do not bring:

- Large amounts of cash
- Jewellery
- Other valuables

Have a question?

If you have any questions about any of the following please phone us prior to your admission:

- Booking date and admission time
- Room preference – Shared, Ensuite room
- Cost estimate
- Special dietary requirements

Ph. (04) 479 2069

eAdmissions
Complete your forms online
Fast, secure, simple

REGISTER ONLINE
bowen.co.nz